

Pine Knoll Sabbath School Study Notes

Third Quarter 2025: Exodus

Lesson 3 “*Rough Start*”

Read for this week’s study

Exodus 5:1–23, Revelation 11:8, Exodus 6:1–13, Psalm 73:23–26, 2 Corinthians 6:16, Exodus 6:28–7:7.

Memory Text

“Afterward Moses and Aaron went in and told Pharaoh, ‘Thus says the LORD God of Israel: “Let My people go, that they may hold a feast to Me in the wilderness.” ’ And Pharaoh said, ‘Who is the LORD, that I should obey His voice to let Israel go? I do not know the LORD, nor will I let Israel go’” (Exodus 5:1, 2, NKJV).

Lesson Outline from Adult Sabbath School Study Guide

- I. Introduction
- II. Who Is the Lord?
- III. A Rough Start
- IV. The Divine “I”
- V. Uncircumcised Lips
- VI. Like God to Pharaoh
- VII. Further Study

Questions and Notes for Consideration

Facilitator: Jon Paulien

- 1. If God calls you to a particular position and place are things likely to go better or worse for you? (Sabbath Afternoon’s Lesson)
- 2. Read Exodus 5:1-2. What was Pharaoh’s response to God’s call to “Let my people go!”? What is the deeper significance that can be found in this response? If someone asked you, “Do you know the Lord?” how would you respond? (Sunday’s Lesson)
- 3. Read Exodus 5:3-23. What were the immediate results of Moses and Aaron’s first recorded encounter with Pharaoh? How do you deal with resistance in a local church? (Monday’s Lesson)

4. Read Exodus 6:1-8. What is God's response to Moses? What spiritual truth was revealed in this story? What things in the past did God remind Moses of (Exod 6:2-5)? What things in the future does God remind them of? Who were the biggest complainers in the Old Testament? (Tuesday's Lesson)
5. Read Exodus 6:9-13. What happened next, and what lessons can we take from this story about times of disappointment and struggle in our lives? (Wednesday's Lesson)
6. Read Exodus 6:28 – 7:7. How does Yahweh deal with Moses' objection? The actions that God promises in 7:4 seem not to be natural consequences, so much as deliberate actions designed to achieve a purpose. How do you understand what God is talking about here? (Thursday's Lesson)
7. Think of a time when you followed God's call in your life and things did not go well. What lessons can such experiences teach us? (Friday's Lesson)
8. What would you say to someone who says, "I don't know anything about God", but they said it in a way that is not hostile, just a statement of fact. What might you do or say to help such a person to know God? How would you explain the importance of knowing God? (Friday's Lesson)

Further Study with Ellen White

God destroys no man. Everyone who is destroyed will have destroyed himself. Everyone who stifles the admonitions of conscience is sowing the seeds of unbelief, and these will produce a sure harvest. By rejecting the first warning from God, Pharaoh of old sowed the seeds of obstinacy, and he reaped obstinacy. God did not compel him to disbelieve. The seed of unbelief which he sowed produced a harvest of its kind. Thus his resistance continued, until he looked upon his devastated land, upon the cold, dead form of his first-born, and the first-born of all in his house and of all the families in his kingdom, until the waters of the sea closed over his horses and his chariots and his men of war. His history is a fearful illustration of the truth of the words that "whatsoever a man soweth, that shall he also reap." Galatians 6:7. Did men but realize this, they would be careful what seed they sow. {COL 84.4}

It is God's pleasure and will that the blessings bestowed on man shall be given in perfect completeness. He has made provision that every difficulty may be overcome, every want supplied through the Holy Spirit. {7BC 932.5}

The enemy can never take out of the hand of Christ the one who is simply trusting in His promises. If the soul is trusting and working obediently, the mind is susceptible to divine impressions, and the light of God shines in, enlightening the understanding. What privileges we have in Christ Jesus! {SD 351.4}

God's work is the same in all time, although there are different degrees of development and different manifestations of His power, to meet the wants of men in the different ages.

Beginning with the first gospel promise, and coming down through the patriarchal and Jewish ages, and even to the present time, there has been a gradual unfolding of the purposes of God in the plan of redemption. {PP 373.2}

Satanic agencies are ever warring for the mastery over human minds. But the angels of God are constantly at work, strengthening the weak hands and confirming the feeble knees of all who call upon God for help. The promise to every child of God is, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you" (Matthew 7:7). The Lord is more willing to give the Holy Spirit to them that ask Him than parents are to give good gifts to their children. {UL 68.3}

God's ideal for His children is higher than the highest human thought can reach. "Be ye therefore perfect, even as your Father which is in heaven is perfect." This command is a promise. The plan of redemption contemplates our complete recovery from the power of Satan. Christ always separates the contrite soul from sin. He came to destroy the works of the devil, and He has made provision that the Holy Spirit shall be imparted to every repentant soul, to keep him from sinning. {DA 311.2}

Satan is constantly seeking to counterfeit the work of Christ and to establish his own power and claims. He leads men to account for the miracles of Christ by making them appear to be the result of human skill and power. In many minds he thus destroys faith in Christ as the Son of God, and leads them to reject the gracious offers of mercy through the plan of redemption. {PP 264.4}